EBSL

Injured Swimmer Response/Safety Training Plan

The **Swim Facility** must have the following items:

- Proper warning signs ("No Diving in Shallow End", "No Running" etc.)
- Working cordless telephone, not cell phone (allows 911 info to be given while next to injured person if life saving instructions must be delivered to caller)
- Emergency phone numbers posted next to phone (fire, police, ambulance & etc)
- Swimming pool address with cross streets posted next to phone
- Proper safety equipment (hook, life preserver & etc.)
- Perimeter fencing with lockable gates
- First aid medical supplies easily accessible to coaches and lifeguards
- Facility Water, Gas and Electrical System shut offs clearly marked

Qualified personnel:

- No one is allowed in the pool unless there is at least one CPR trained and certified individual w/ card on file or in possession in the immediate area that accepts responsibility for the swimmers during team practices (coach and assistant coaches)
- Parents/guardians must be responsible for non-swimming siblings during team practice sessions
- Coaches (Head and assistants) must have training in Water Safety and Life Saving Procedures
- Head Coaches, Assistants and Lifeguards must know the location of facility water, gas and electrical system shut offs and how to properly operate them

Documents:

- The team must have a copy of every swim team member's "Emergency Form" at the pool during practice, dual and Championship meets in a file/binder that can be easily accessed during an emergency
- Pool address including cross streets posted in team emergency information binder
- The most senior coach present during an accident will be responsible for completing an incident report and getting eye witness reports. These reports will remain on file with the swim team's secretary. Reports are necessary irregardless of the severity of the injury.